

Lead Action Level Exceedance Notice

DRINKING WATER WARNING

Sampling shows elevated lead levels in some homes and/or buildings.

Paul Smith's College found elevated levels, of lead in drinking water in some homes/buildings. We may also have tested your home or building. If we did, you should receive or may have already received these results. These results are specific to your home/building and may be different from the results taken in other locations. Lead can cause serious health problems, especially for pregnant women and young children. Please read this information closely to see what you can do to reduce lead in your drinking water.

What is an Action Level?

The lead action level is a measure of the effectiveness of the corrosion control treatment in water systems. The action level is not a standard for establishing a safe level of lead in a home. To check if corrosion control is working, EPA requires water systems to test for lead at the tap in homes or buildings that are likely to have elevated levels of lead, including those with lead service lines. We compare sample results from those homes/buildings to NYS and federal action level of 0.015 mg/L (15 ppb). If 10 percent of the samples from these homes have water concentrations that are greater than the action level, then the system must perform actions such as public education, adjusting treatment, and lead service line replacement.

What Happened?

In November, 2024 Paul Smith's College collected twenty two samples and analyzed them for lead. Four of the samples, including one house on Faculty Hill exceeded the action level for lead.

Paul Smith's College is focused on protecting the health of every household in our community; however, lead from service lines and lead plumbing and fixtures can dissolve or break off into water and end up at the faucet. [We found that lead service lines and lead in plumbing are potential sources of lead in your drinking water. This does not mean that every property that receives drinking water from Paul Smith's College has lead in the drinking water. It does mean that you should understand how to reduce your exposure to lead through water. Keep in mind that drinking water is not the only potential source of lead exposure, since lead can be found in air, soil, and paint. For more information on all sources of lead, visit <https://www.epa.gov/lead>.

Health Effects of Lead

Exposure to lead in drinking water can cause serious health effects in all age groups. Infants and children can have decreases in IQ and attention span. Lead exposure can lead to new learning and behavior problems or exacerbate existing learning and behavior problems. The children of women who are exposed to lead before or during pregnancy can have increased risk of these adverse health effects. Adults can have increased risks of heart disease, high blood pressure, kidney, or nervous system problems.

Steps You Can Take to Reduce Your Exposure to Lead in Your Water

Below are recommended actions that you may take, separately or in combination, if you are concerned about lead in your drinking water. The list also includes where you may find more information and is not intended to be a complete list or to imply that all actions equally reduce lead from drinking water.

- **Use your filter properly.** Using a filter can reduce lead in drinking water. If you use a filter, it should be certified to remove lead. Read any directions provided with the filter to learn how to properly install, maintain, and use your cartridge and when to replace it. Using the cartridge after it has expired can make it less effective at removing lead. Do not run hot water through the filter. For more information on facts and advice on home water filtration systems, visit EPA's website at <https://www.epa.gov/ground-water-and-drinking-water/home-drinking-water-filtration-fact-sheet> and EPA's [Consumer Tool for Identifying Drinking Water Filters Certified to Reduce Lead](#).
- **Clean your aerator.** Regularly remove and clean your faucet's screen (also known as an aerator). Sediment, debris, and lead particles can collect in your aerator. If lead particles are caught in the aerator, lead can get into your water.
- **Use cold water.** Do not use hot water from the tap for drinking, cooking, or making baby formula as lead dissolves more easily into hot water. Boiling water does not remove lead from water.
- **Run your water.** The more time water has been sitting in your home's pipes, the more lead it may contain. Before drinking, flush your home's pipes by running the tap, taking a shower, doing laundry, or doing a load of dishes. The amount of time to run the water will depend on whether your home has a lead service line or not, as well as the length and diameter of the service line and the amount of plumbing in your home. Residents may contact facilities at 518-327-6438 or facilitiesdepartment@paulsmiths.edu for recommendations about flushing times in their community.
- **Learn what your service line material is.** Contact facilities at 518-327-6438 or facilitiesdepartment@paulsmiths.edu or a licensed plumber to determine if the pipe that connects your home to the water main (called a service line) is made from lead, galvanized, or other materials. [Protect Your Tap: A quick check for lead](#) is EPA's on-line step by step guide to learn how to find lead pipes in your home.
- **Learn about construction in your neighborhood.** Contact facilities at 518-327-6438 or facilitiesdepartment@paulsmiths.edu find out about any construction or maintenance work that could disturb your service line. Construction may cause more lead to be released from a lead service line if present.
- **Have your water tested.** Contact us at facilities at 518-327-6438 or facilitiesdepartment@paulsmiths.edu to have your water tested and to learn more about the lead levels in your drinking water.

Get Your Child Tested to Determine Lead Levels in His or Her Blood

A family doctor or pediatrician can perform a blood test for lead and provide information about the health effects of lead. State, city, or county departments of health can also provide information about how you can have your child's blood tested for lead. The Centers for Disease Control and Prevention (CDC) recommends that public health actions be initiated when the level of lead in a child's blood is 3.5 micrograms per deciliter ($\mu\text{g}/\text{dL}$) or more. For more information and links to CDC's website, please visit <https://www.epa.gov/ground-water-and-drinking-water/basic-information-about-lead-drinking-water>.

What is Being Done?

Paul Smith's College is following state lead and copper regulations. In addition to the information mentioned above that we will provide to residents at locations we sampled, we will also be following up with additional public education materials, via the Paul Smith's College website by March 1, 2025.

Paul Smith's College balances water chemistry at the treatment plant to minimize pipe and plumbing components from corroding and leading to the possibility of lead dissolving into water. This process is known as corrosion control. We have ongoing assessments of the corrosion control treatment currently used by our water system

We also plan to take the following steps:

- We are conducting additional lead and/or water quality monitoring of our water system supply.
- We will continue our lead monitoring to determine the extent of the situation.
- We are making filtration drinking water systems available to faculty hill houses. You may contact facilities at 518-327-6438 or facilitiesdepartment@paulsmiths.edu to schedule installation.

Call facilities at 518-327-6438 or visit our website at www.paulsmiths.edu. For more information on lead in drinking water, contact your local health department at NYS Department of Health, Saranac Lake Office, 518-891-1800 or marlene.martiin@health.ny.gov, or the New York State Department of Health directly by calling the toll-free number (within New York State) 1-800-458-1158, extension 27650, or out of state at (518) 402-7650, or by email at bpwsp@health.ny.gov. General guidelines on ways to lessen the risk from lead in drinking water are available from EPA's website <https://www.epa.gov/ground-water-and-drinking-water/basic-information-about-lead-drinking-water>.

Please share this information with all the other people who drink this water, especially those who may not have received this notice directly (for example, people in apartments, nursing homes, schools, and businesses). You can do this by posting this notice in a public place or distributing copies by hand or mail.

This notice is being sent to you by Paul Smith's College

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